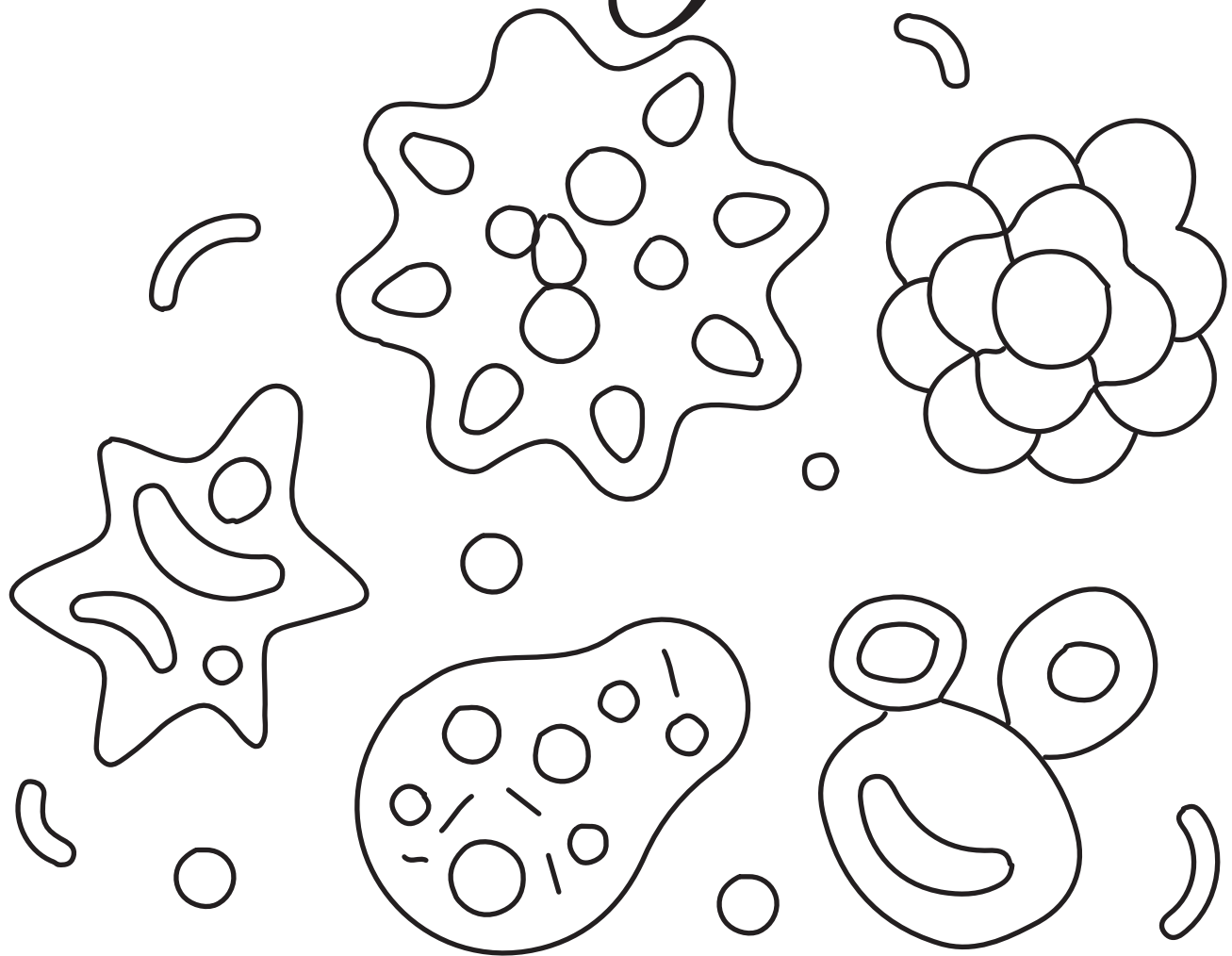


MY 2020 COVID-19

# Memory book



CREATED BY: \_\_\_\_\_

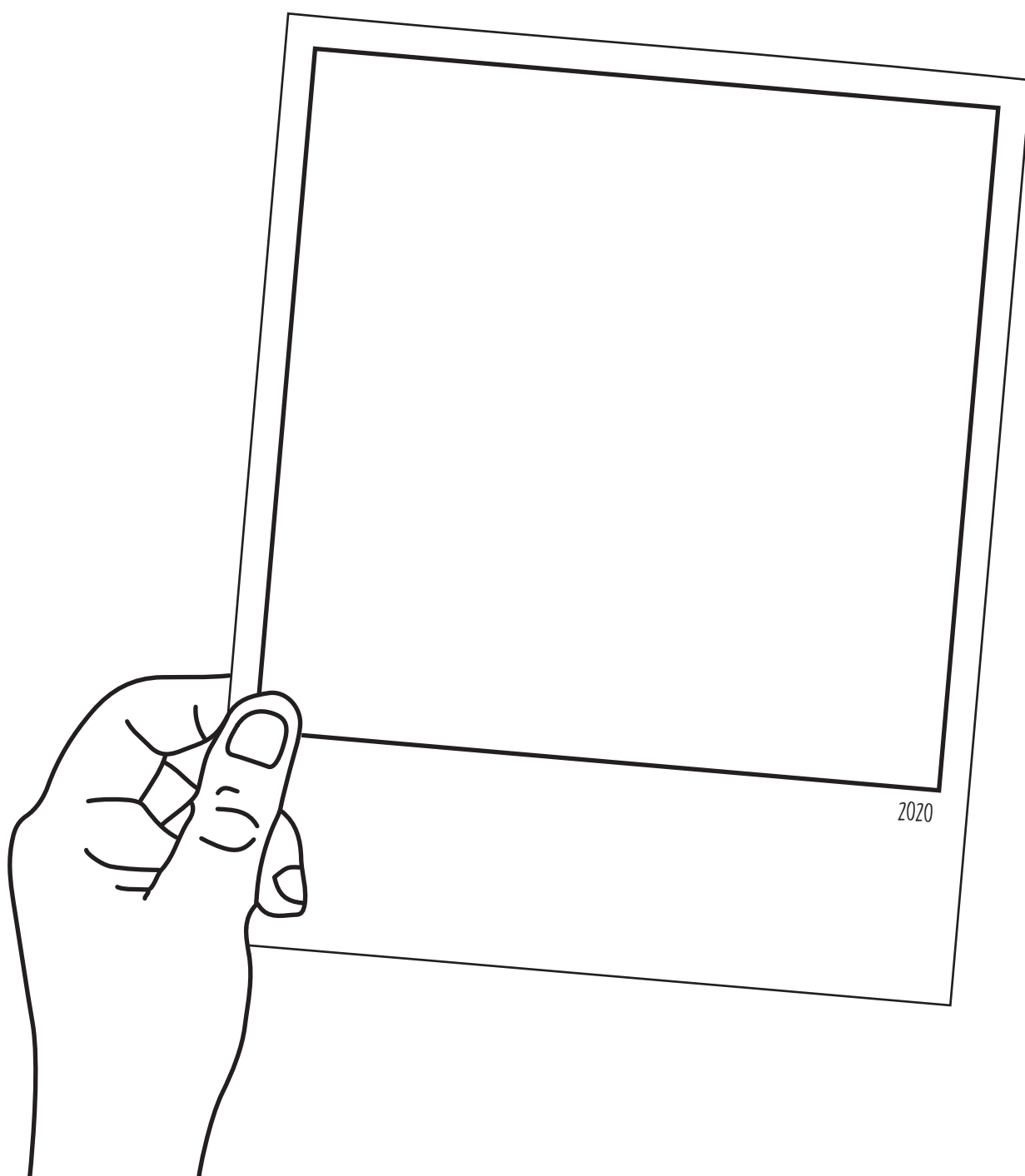
North Shore Moms

Blossom  
PRINTABLES



Fill in the pages to create your very own time capsule for your future self, children & grandkids to look back on!

## A PHOTO OR DRAWING OF ME!



# ALL ABOUT ME

MY NAME: \_\_\_\_\_

MY AGE: \_\_\_\_\_

MY FAVOURITE THINGS....

COLOUR: \_\_\_\_\_

FOOD: \_\_\_\_\_

TREAT: \_\_\_\_\_

MOVIE: \_\_\_\_\_

TV SHOW: \_\_\_\_\_

BOOK: \_\_\_\_\_

SONG: \_\_\_\_\_

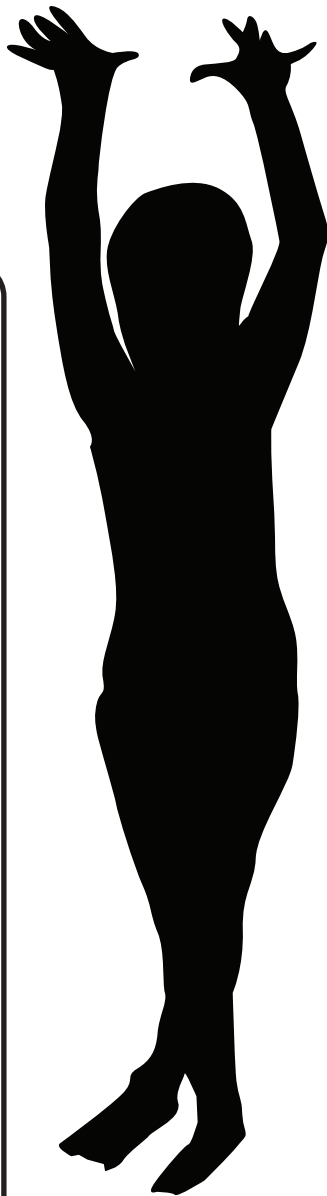
TOY: \_\_\_\_\_

SPORT: \_\_\_\_\_

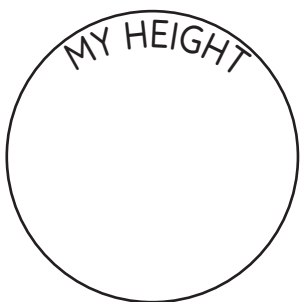
ACTIVITY: \_\_\_\_\_

HOBBIES: \_\_\_\_\_

BEST FRIEND: \_\_\_\_\_



HOW I MEASURE UP



WHEN I GROW UP I WANT TO BE:

\_\_\_\_\_

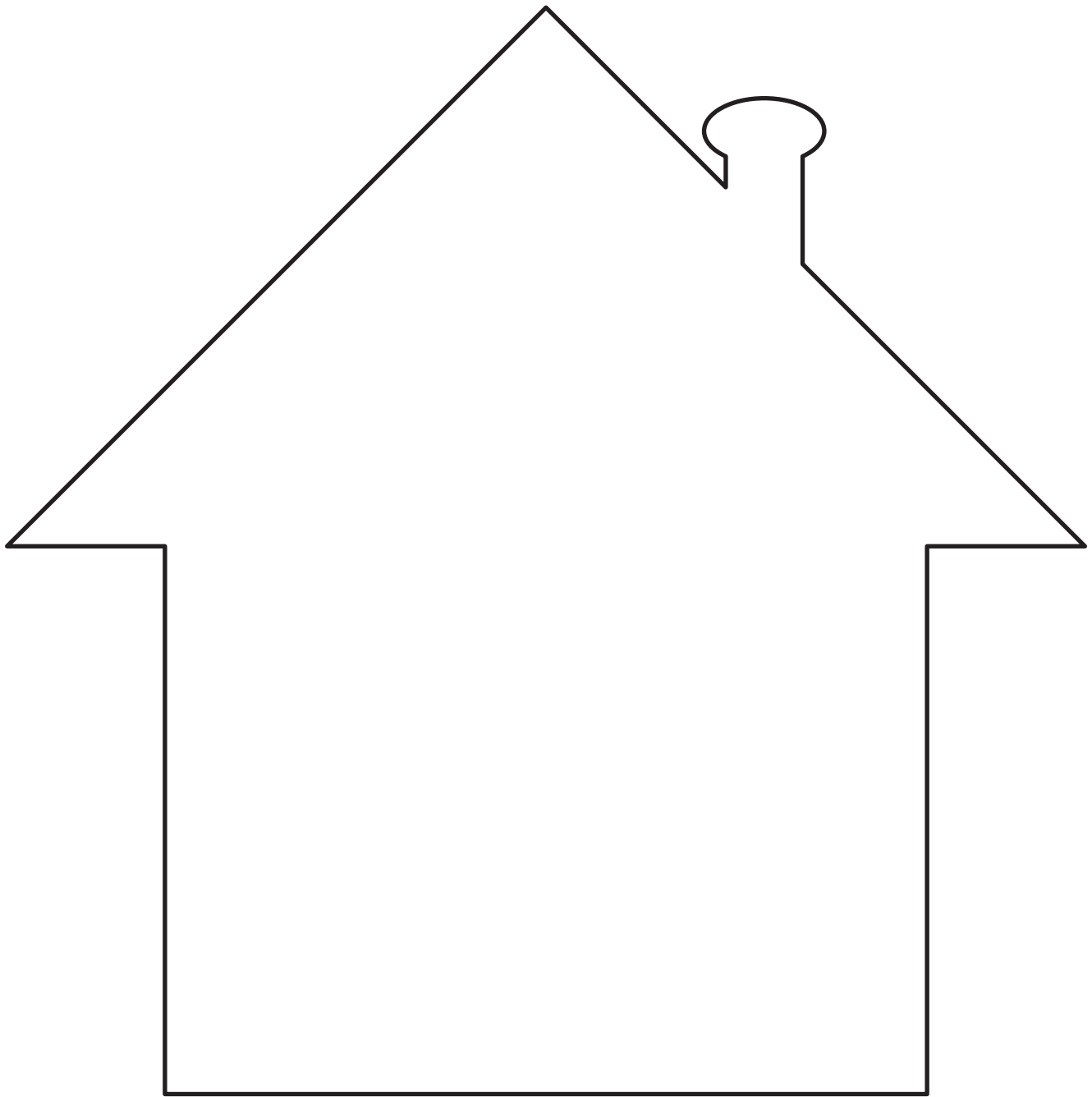
\_\_\_\_\_

WE MAY NOT BE ABLE TO SEE EACH OTHER BUT...

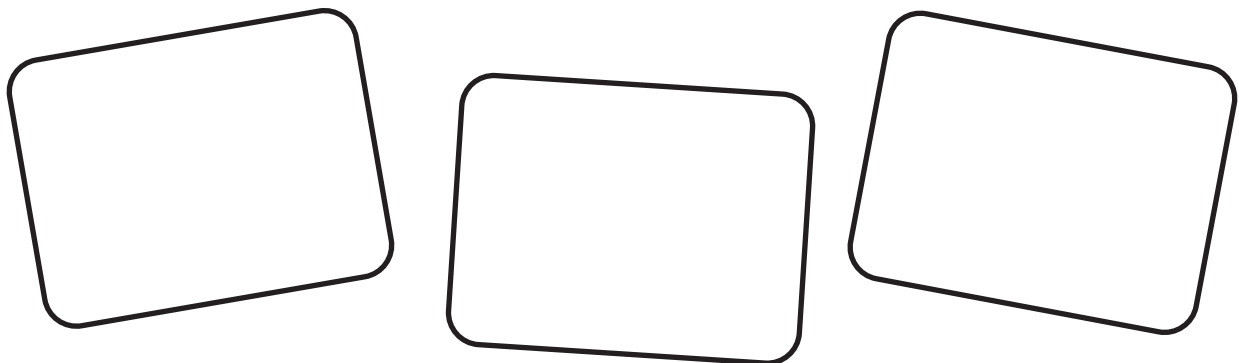


HOW I'VE BEEN CONNECTING WITH MY FRIENDS

WHO I'M STAYING SAFE  
WITH AT HOME...



AND WE'VE BEEN KEEPING BUSY BY....





# CELEBRATIONS



What occasions did you celebrate?  
Write down how you celebrated them differently

OCCASION: *Easter*

DATE: *10-13 April*

WHAT WE DID:

OCCASION:

DATE:

WHAT WE DID:

OCCASION:

DATE:

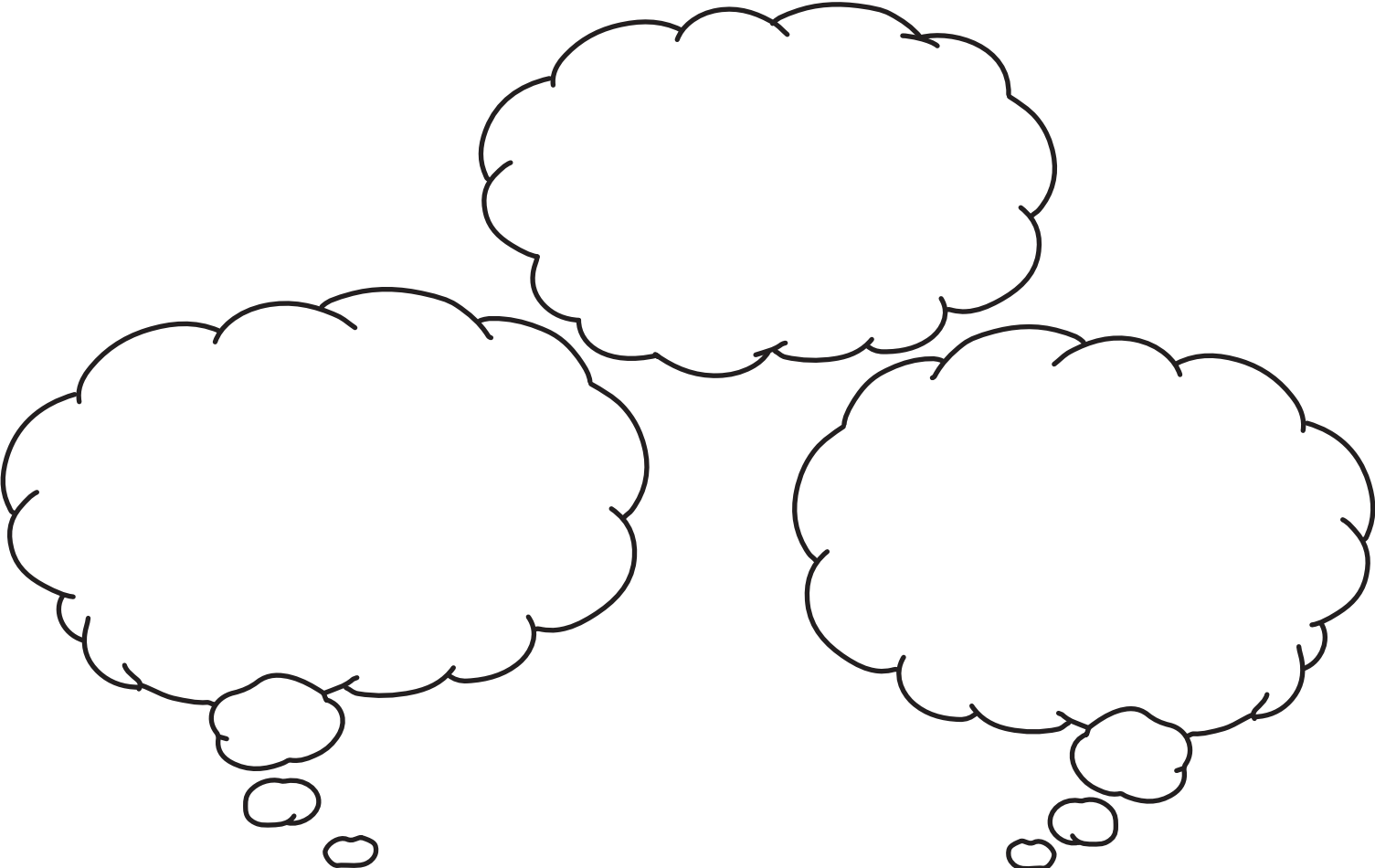
WHAT WE DID:

OCCASION:

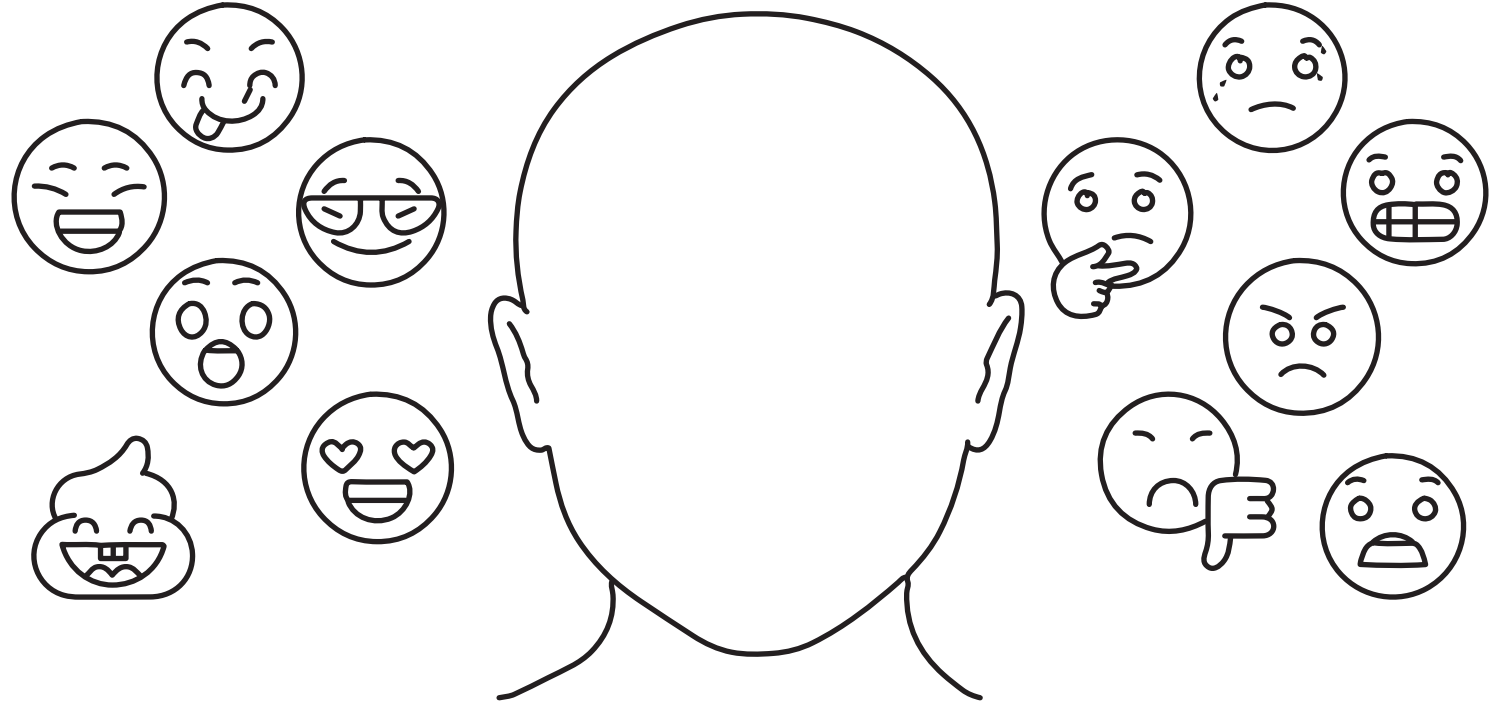
DATE:

WHAT WE DID:

A FEW THINGS I'VE BEEN  
THINKING ABOUT



HOW I'VE  
BEEN FEELING



# ABOUT MY MUM

Interview your Mum or get her to fill out this section

TOP THREE ACTIVITIES WE DID TOGETHER:

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-----

-----

TOP THREE SANITY SAVERS:

-----

-----

-----

BIGGEST CHALLENGE:

-----

-----

-----

MY FAVOURITE THINGS....

COLOUR:

FOOD:

TREAT:

BOOK:

DRINK:

ACTIVITY:

SONG:

MY COVID-19 SILVER LINING:

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ITEMS THAT WERE HARD TO GET AT THE SUPERMARKET:

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# ABOUT MY DAD

Interview your Dad or get him to fill out this section

TOP THREE ACTIVITIES WE DID TOGETHER:

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-----

-----

TOP THREE SANITY SAVERS:

-----

-----

-----

BIGGEST CHALLENGE:

-----

-----

-----

MY FAVOURITE THINGS....

COLOUR:

-----

FOOD:

-----

TREAT:

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BOOK:

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DRINK:

-----

ACTIVITY:

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SONG:

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MY COVID-19 SILVER LINING:

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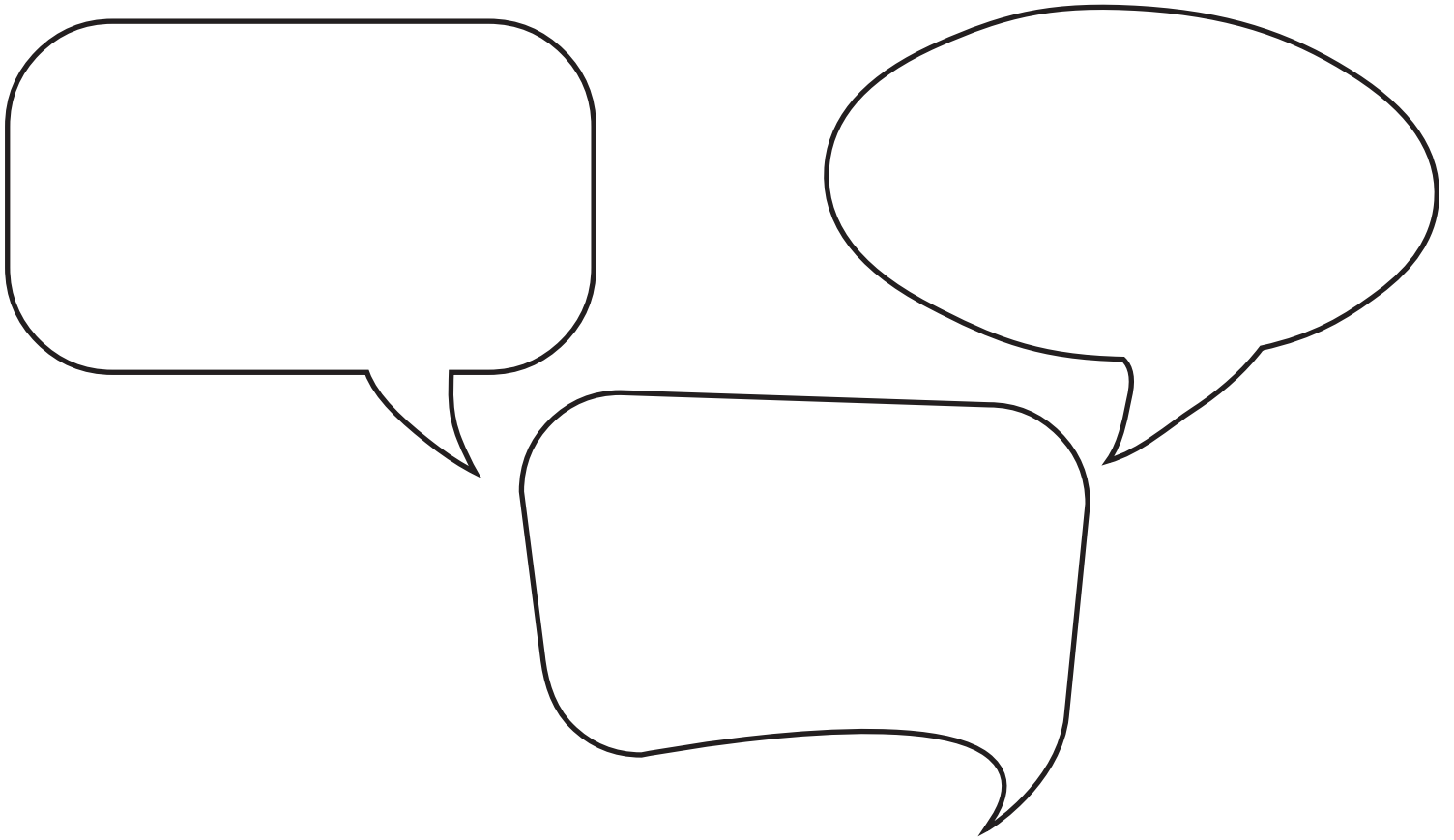
ITEMS THAT WERE HARD TO GET AT THE SUPERMARKET:

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# WHAT I MISS THE MOST



## THE PRICE OF EVERYDAY ITEMS RIGHT NOW



A letter to my future self...

Handwriting practice lines consisting of 20 horizontal dashed lines for writing.

# A letter from my parents...

Handwriting practice lines for the letter.

# WHEN ALL THIS IS OVER

I AM EXCITED TO...

I CAN'T WAIT TO SEE...

I WANT TO GO ON HOLIDAY TO...

AFTER COVID-19, I HOPE THE WORLD WILL BE...

AFTER SPENDING MORE TIME AT HOME, I HAVE LEARNT...